

40 Questions To Help You Determine If You Are a Love Addict

If you can answer yes to more than a few of the following questions, you are probably a love addict. Remember that love addiction comes in many forms, so even if you don't answer yes to all of the questions you may still be a love addict.

- | | yes | no | |
|-----|--------------------------|--------------------------|--|
| 1. | <input type="checkbox"/> | <input type="checkbox"/> | You are very needy when it comes to relationships. |
| 2. | <input type="checkbox"/> | <input type="checkbox"/> | You fall in love very easily and too quickly. |
| 3. | <input type="checkbox"/> | <input type="checkbox"/> | When you fall in love, you can't stop fantasizing—even to do important things. You can't help yourself. |
| 4. | <input type="checkbox"/> | <input type="checkbox"/> | Sometimes, when you are lonely and looking for companionship, you lower your standards and settle for less than you want or deserve. |
| 5. | <input type="checkbox"/> | <input type="checkbox"/> | When you are in a relationship, you tend to smother your partner. |
| 6. | <input type="checkbox"/> | <input type="checkbox"/> | More than once, you have gotten involved with someone who is unable to commit—hoping he or she will change. |
| 7. | <input type="checkbox"/> | <input type="checkbox"/> | Once you have bonded with someone, you can't let go. |
| 8. | <input type="checkbox"/> | <input type="checkbox"/> | When you are attracted to someone, you will ignore all the warning signs that this person is not good for you. |
| 9. | <input type="checkbox"/> | <input type="checkbox"/> | Initial attraction is more important to you than anything else when it comes to falling in love and choosing a partner. Falling in love over time does not appeal to you and is not an option. |
| 10. | <input type="checkbox"/> | <input type="checkbox"/> | When you are in love, you trust people who are not trustworthy. The rest of the time you have a hard time trusting people. |
| 11. | <input type="checkbox"/> | <input type="checkbox"/> | When a relationship ends, you feel your life is over and more than once you have thought about suicide because of a failed relationship. |