

CURRICULUM VITAE

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Published Books

Addiction to Love: Overcoming Obsession and Dependency in Relationships. Ten Speed Press/Celestial Arts, Berkeley, CA , 1989. Expanded edition 1994. New printing and cover 2005.

The Art of Changing, Ten Speed Press/Celestial Arts, Berkeley CA , April 2005.

Published Self-Help Articles

“Triangles: The Agony and the Ecstasy,” *Dr. Irene’s Verbal Abuse Site* (June 2006)

“Seductive Withholders: The On Again, Off Again Love Affair, *Alumbo* (July 2005)

“Typical Kinds of Love Addicts, *Self-Growth.com* (September 2004)

“Putting Out the Flame of Desire: More About Love Addiction,” *Alumbo* (May 2004)

“The Pleasure Compulsion: Play It Again Sam,” *Self-Growth.com* (November 2003)

“Hot and Cold Love Addicts: A Lethal Combination,” *Mental Health World* (Winter 2000)

“Self-Esteem and Recovery from Addiction,” *Recovering* (January 1992)

“Addiction to Love: Crimes of the Heart,” *Recovering* (August 1991)

“Hopeless Relationships With Unavailable People,” *Recovering* (June 1991)

Published Spritual and Christian Articles

“The Depth of God’s Love,” *Spectrum* magazine (May 2007)

“The Power of Prayer,” *Signs of the Times* (March 2005)

“Do You Want to Get Well? *Signs of the Times* (January 2005)

“In the Garden with Christ: Depression & the Dark Night of the Soul,” *Spectrum* (December 2004)

“Cleansing the Temple: Putting Anger into Perspective,” *Christian Paradise* (May 2004)

“Becoming a Christian: The Art of Changing,” *Christian Paradise* (April 2004)

“Unconditional Love Revisited,” *Spectrum* (November 2003)

“It is Not a Sin to Love Yourself,” *Spectrum* (August 2003)

“Do You Want to Get Well?” *Spectrum* (July 2003)

“Amazing Shame,” *Spectrum* (August 2002)

“The New Trinity,” *Spectrum* (February 2002)

“Must We Know Christ to be Saved?” *Spectrum* (November 2001)

“What Prayer Can Do,” *Guideposts* (May 2001)

“Love Your Enemies,” *Quaker Life* (September 1992)

“And a Little Child Shall Lead Them,” *Quaker Life* (March 1987)

“My Son’s Prayer,” *The Grapevine* (May 1985)

Education

A.B., University of California, Berkeley, 1978
Teaching Credential, University of California, Berkeley, 1979
Continuing Education classes at Cal Extension (psychology)

Teaching

1985 to present: The Learning Annex (San Francisco), Piedmont Adult School, San Lorenzo Adult School, Kaiser Hospital, Mandana Recovery Center, U.S. Post Office Employee Assistance Program.

Classes taught: Addiction to Love; Building Self-Esteem; Relationships in Recovery.

I have been quoted, and my book cited, in the following magazines

L.A. Times, Chicago Tribune, Dear Amy (Ann Landers's successor)
Istanbul.com (foreign language periodical)
Female Network.com
Cosmopolitan Phillipines
The Echo
Cosmopolitan
The Dallas Morning News
Berkeley Insider
Rocky Mountain News
The Faithist Journal
Townsend Letter for Doctors
L.A. Today
Insight
Lady Athena (online magazine)
Articulos (foreign language magazine)
A Spiritual Woman.com
Dr. Irene's Verbal Abuse Site

Radio

Interviews about my book, *Addiction to Love*, all over the country since 1989.

Interviews

Cosmopolitan: July 2000, September 1999, December 1998.